



Help Us Help BC Families Hold Strong this Holiday Season!



Dear friend,

There's no question that family is the glue that holds society together. But what holds families together? Well, often, that's us. In times of crisis, British Columbians turn to Westcoast Family Centre's to help them cope with any number of parenting challenges.

We have helped families like Linda's, a single-mother of a 1 year old and 3 year old boy. She does not speak any English and has very little support in Vancouver. Linda was isolated and became depressed. One of the major challenges for Linda was taking the children out with her as she did not have enough money to purchase a two-seated stroller. She became even more isolated. There were times Linda thought of leaving her two children behind so that she can rush to go grocery shopping.

Through WFC'S help, Linda received counselling and was connected to resources in the community. The "Building Blocks for Better Lives" funding was also able to purchase Linda a two-seated stroller so that she can take her children out. She is now receiving some child care respite, enjoying bringing her children out to programs and is on her way to recovery.

No crisis is the same. That's why we tailor our programs and services around the specific needs of each family. But we can't do it alone. A gift from you - or an ongoing monthly donation - makes all the difference.

At Christmas time, your donations will help us provide gifts for children, food hampers and fund other activities and programs throughout the year.

Here are some other ways how you can help:

- **Fulfill immediate needs like food, formula and diapers**
- **Sponsor a child to attend play therapy sessions**
- **Sponsor an individual or family to attend counselling sessions**
- **Tailor your own donation to support our services.**

Please give generously to these vulnerable families, and help us make this holiday season a special one!

Ann Kutcher
Executive Director
Westcoast Family Centres

Please Give Now: <http://westcoastfamily.org/donations>
For More Information on How You Can Help: donate@westcoastfamily.org

Yes, I want to help families in my community this Christmas!

\$25
 \$50
 \$75

 \$100
 Other: \$


Payment Instructions:

I have enclosed a cheque payable to Westcoast Family Centres.

Name _____	Address _____
E-mail _____	Telephone _____
Credit Card Number _____	\$ <input type="text"/> Confirm Amount
Expiry Date mm/yy _____	Signature _____

I prefer to use my: VISA MASTERCARD


 Westcoast Family Centres
BUILDING BLOCKS FOR BETTER LIVES



 Ministry of Children and Family Development

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Your signature above indicates your authorization to charge your credit card in the amount specified as a one-time charge. Please do not mail cash. WFC does not charge its mailing list. Our Charitable Registration #13145-4555-903007. Tax receipts are automatically issued for donations of \$25 or higher, unless otherwise requested.